

# St Andrew's CE Primary School

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NEWS/GH  
26<sup>th</sup> October 2022

## Every Child A Champion In Their Own Right Matthew 5.16 – 'Let Your Light Shine'

Hi Parents...

A couple of items in today's newsletter:-

1. 3 video clips of our first proper class assemblies since the Covid outbreak. An absolute joy to have all our kids together, singing, rejoicing showing respect and love in our school worship. These first videos are our very oldest classes setting the example (Y6)...However, each class throughout our school will have their own turn over this school year.

**Remember: November 11th - Remembrance Service - will be open to parents and relatives...but you will have to book a place- further details to follow. From then on, parents will be invited to all of our kiddies class assemblies.**

These video links show staff and kids creativity:- One class ( Mr Curtis' pupils) perform WITHOUT WORDS - in showing the importance of 'TOGETHERNESS.'

One class ( Miss Smith / Forster's) displays THANKSGIVING for our HARVEST.

One class (/Mrs Dibnah's) celebrates World Poetry Day by looking at words that can make special poetry-exploring 'ONOMATOPOEIA'- and especially by centering on 'The Sound of Happy?'

ALL DIFFERENT...ALL SHOWING OUR KIDS AT THEIR BEST.



2. I provide you with latest details from the Authority Catering Services who have updated the school menus and have included a letter of explanation for their change of menu. These changes come into operation on our return to school next week.

Please note:- if ever you have any views on school menus then please contact the Authority Catering Services directly. - Occasionally, a parent wrongly assumes that we, as a school are responsible for lunchtime menus!!!

Take care.

Regards, Mr H

Y6SD Onomatopoeia

<https://youtu.be/HM2QRN-MMNk>

Y6KSJF Harvest Festival

<https://youtu.be/gykzL4jHuTw>

Y6CC Togetherness

<https://youtu.be/kYEzbo7XqJA>

## **Hull City Council School Catering Services**

### **New Winter Menu**

We are excited to be launching our new Winter Menu, starting on the 31<sup>st</sup> October, until the 31<sup>st</sup> March 2023.

We have released our new Winter Menu of which we have taken the decision to not include sandwiches within the new menu. The decision has been influenced on several aspects as below:

Following a review on the recent sandwich offer within our previous menu we understand children were not taking full entitlement of the sandwich meal which highlighted the nutritional content was lacking for the children's nutritional needs.

So, how do our menus work? We serve a three-choice menu that rotate through a three-week cycle. We adhere to several standards – from local sourcing to nutritional balance across the week. This is so that we can offer pupils the best nutritional opportunity at lunchtime – something that, as a local authority service provider, is so important to us

We use fresh, local ingredients in our menus , sustainable, and locally sourced ingredients. As defined by the school food standards a child's healthy, balanced diet should consist of:

- Ample fruit and vegetables
- Plenty of unrefined starchy foods
- Some meat, fish, eggs, beans and other non-dairy sources of protein
- Some milk and dairy foods
- A small amount of food and drink high in fat, sugar and salt

Hull City Council School Catering Service

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Braised Sausage (14) Creamed Potatoes (7) Peas and Carrots Gravy	Quorn Goujons (2) Potato wedges (2) Sweetcorn and a side salad	Meatballs (14) and Pasta (2) in a Tomato Sauce Served with Garlic Bread (2,4,7) Seasonal Vegetables	Roast Turkey Carvery Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables Gravy	Battered Fish (2.5) Chips Bread and Butter (2,7,13) Peas and Baked Beans
For Allergens see numbers in brackets next to each dish and refer to the table below					
<b>OPTION 2</b> <b>V</b>	Vegetarian Sausages (2,13,14) Creamed Potatoes (7) Peas and Carrots Gravy	Cheese and tomato Pizza (2,7) Potato Wedges (2) Sweetcorn and a side salad	Vegetable Chilli Con Carne (2,4) Rice Served with Garlic Bread (2,4,7)	Quorn Roast Carvery (4) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables Gravy	Vegan Burger (2) in a Bun (2) Chips Peas and Baked Beans
For Allergens see numbers in brackets next to each dish and refer to the table below					
<b>OPTION 3</b>	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)
For Allergens see numbers in brackets next to each dish and refer to the table below					
<b>DESSERT CHOICE</b>	Chocolate Sponge (2,4,7) Custard (7) Fruit Platter, Assorted Yoghurts (7)	Apple Crumble (2,4,7) Custard (7) Fruit Platter, Assorted Yoghurts (7)	Fruity Flapjack (2,14) with Custard (7) Fruit Platter, Assorted Yoghurts (7)	Ice Cream (7) Assorted Fruit Jellies and Whip (7) Fruit Platter, Assorted Yoghurts (7)	Schools Favourite Baked Delights (2,4,7,14) Fruit Platter, Assorted Yoghurts (7)
For Allergens see numbers in brackets next to each dish and refer to the table below					

**VEGETARIAN (V)**

We offer unlimited vegetables and salad to accompany meals as well as fresh baked bread (2,4,7)  
Fresh water or milk to drink (7)

**ALLERGENS**



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Cheese and Tomato Pizza (2,4,7) Potato Wedges (2) Spaghetti Hoops (2,14) Carrots	Beef Tikka Masala (7) Rice Naan Bread (2,4,7) Green Beans and Sweetcorn	Sausage Roll (2,7) Potato Wedges Served a side salad or Seasonal Vegetables	Roast Turkey Carvery Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables Gravy	Fish Fingers (2.5) Chips Bread and Butter (2,7,13) Peas and Baked Beans
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<b>OPTION 2</b> <b>V</b>	Omelette (4,7) Potato Wedges (2) Spaghetti Hoops (2,14) Carrots	Mixed Bean and Cheese Quesadilla (2,7,14) Potato Wedges (2) Green Beans and Sweetcorn	Vegetable Pasta Bake (2) Served with Garlic Bread (2,4,7) Seasonal Vegetables	Quorn Roast Carvery (4) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables Gravy	Fishless Finger (2) Chips Bread and Butter (2,7,13) Peas and Baked Beans
For Allergens see numbers in brackets next to each dish and refer to the table below					
<b>OPTION 3</b>	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)
For Allergens see numbers in brackets next to each dish and refer to the table below					
<b>DESSERT CHOICE</b>	Lemon Drizzle Cake (2,4,7) Custard (7) Fruit Platter, Assorted Yoghurts (7)	Sticky Toffee Pudding (2,4,7) with Custard (7) Fruit Platter, Assorted Yoghurts (7)	Fruit Shortcake (2,4,7) with Custard (7) Fruit Platter, Assorted Yoghurts (7)	Ice Cream (7) or Assorted Fruit Jellies and Whip (7) Fruit Platter, Assorted Yoghurts (7)	Schools Favourite Baked Delights (2,4,7,14) Fruit Platter, Assorted Yoghurts (7)
For Allergens see numbers in brackets next to each dish and refer to the table below					

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Fresh water or milk to drink (7)

**ALLERGENS**



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Spaghetti Bolognese (2,7) Garlic Bread (2,4,7) Broccoli Carrots	Beefburger in a Bun (2,14) Potato wedges (2) Peas Sweetcorn	Cheesy Tomato Pasta Bake (2,7) Served with Crusty Bread Roll (2,4,7) Seasonal Vegetables	Carvery meat of choice Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables Gravy	Battered Fish (2,5) Chips Bread and Butter (2,7,13) Peas and Baked Beans
<b>For Allergens see numbers in brackets next to each dish and refer to the table below</b>					
<b>OPTION 2</b> <b>V</b>	Tomato Pasta (2,7) Garlic Bread (2,4,7) Broccoli Carrots	Vegetable Burger in a Bun (2) Potato wedges (2) Peas Sweetcorn	Vegetable Curry (7) Served with Rice and a Naan Bread (2,4,7)	Quorn Roast Carvery (4) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables Gravy	Vegan Roll (2) Chips Bread and Butter (2,7,13) Peas and Baked Beans
<b>For Allergens see numbers in brackets next to each dish and refer to the table below</b>					
<b>OPTION 3</b>	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)	Jacket potato with Assorted fillings (4,5,7,9)
<b>For Allergens see numbers in brackets next to each dish and refer to the table below</b>					
<b>DESSERT CHOICE</b>	Chocolate Crunch (2,4,7) Custard (7) Fruit Platter, Assorted Yoghurts (7)	Fruit Sponge (2,4,7) Custard (7) Fruit Platter, Assorted Yoghurts (7)	Creamy Rice Pudding (7) with a Jam Sauce (14) Fruit Platter, Assorted Yoghurts (7)	Ice Cream (7) or Assorted Fruit Jellies and Whip (7) Fruit Platter, Assorted Yoghurts (7)	Schools Favourite Baked Delights (2,4,7,14) Fruit Platter, Assorted Yoghurts (7)
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