

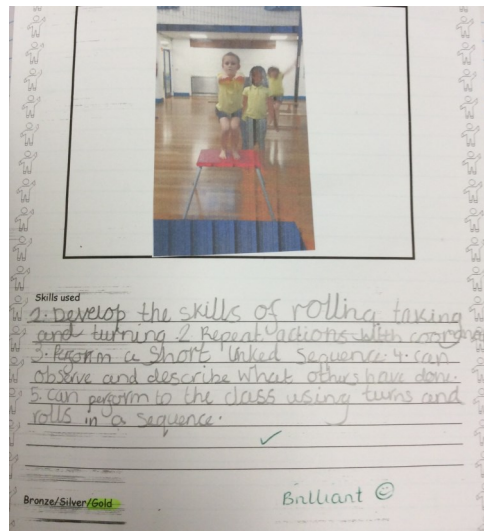
# PE

Here are some examples of our amazing PE skills!

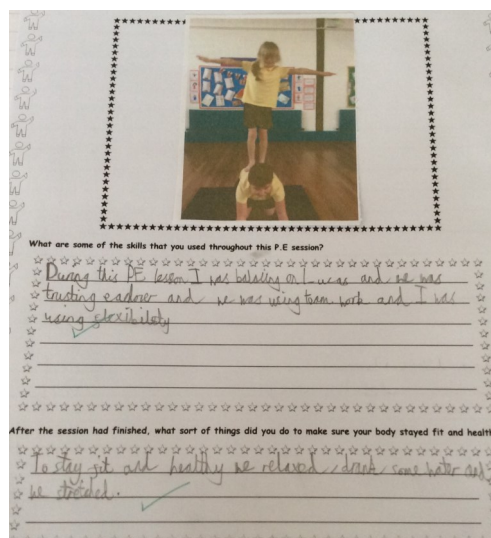
Year 1- The pupils learning to work in pairs to hold balances in Gymnastics.



Year 2- The pupils balanced on different poses on the apparatus.




Year 3- The pupils work in groups to perform balances.



**Year 4-** The pupils demonstrate advanced balancing skills.

**PE**  
Gymnastics




**Skills used**  
The skills we used in this balance was strength and balance we both used straight lines because my head is in line with my back and Holly's arms are in line with her body. We could improve by adding a sequence and do more moves.

Bronze/Silver/Gold

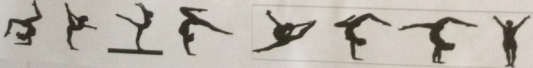
**Year 5-** The pupils worked in groups to hold balances and make up their own sequences. They then evaluated their work.

**Gymnastics**




**Skills used**  
In gymnastics we created a sequence that included a balance, a roll, a jump and finally a we did a roll to improve my balance. I will make my best strainer or pose whatever I want. *Gymnastics @Great!*  
What jump did you include in your sequence?

**WILF**  
I can show a range of balances safely. I can create and perform fluent sequences focussing on speed and direction in my sequence.  
Bronze/Silver/Gold



**Year 6-** The pupils jumped off the apparatus and held poses. They then evaluated theirs and their peers work.

**PE**  
Gymnastics



**Skills used**  
In P.E. the skills we used are teamwork to help all the other people in my group. We also used strength in our bodies to hold our poses for 3 seconds. We also used our muscles to help each other stay up.