



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Chicken Tikka Masala Rice Naan Bread Seasonal Vegetables	Breakfast Brunch Potato Wedges Seasonal Vegetables	Pasta Bolognese Garlic Bread Seasonal Vegetables	<u>CARVERY</u> Selection of Carvery Meats Creamed or Roast Potatoes Yorkshire Pudding Seasonal Vegetables	Fish, Fish Fingers or Fish Cakes Chips Seasonal Vegetables
	ALLERGENS: 2, 4, 7, 9	ALLERGENS: 4, 7, 14	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 5, 13
OPTION 2	Omelette Seasonal Vegetables	Breakfast Brunch (V) Potato Wedges Seasonal Vegetables	Cheese Pasta Bake Garlic Bread Seasonal Vegetables	Quorn Chicken Creamed or Roast Potatoes Yorkshire Pudding Seasonal Vegetables	Vegetable Curry Chips Seasonal Vegetables
	ALLERGENS: 4, 7	ALLERGENS: 1, 2, 4, 7	ALLERGENS: 2, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 7, 9
OPTION 3	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day
	ALLERGENS: 2, 4, 5, 7, 9	ALLERGENS: 2, 4, 5, 7, 9	ALLERGENS: 2, 4, 5, 7, 9	ALLERGENS: 2, 4, 5, 7, 9	ALLERGENS: 2, 4, 5, 7, 9
Dessert Choice	Marble Sponge with Custard Fruit Platter, Fruit Jelly Assorted Yoghurts	Iced Lemon Sponge with Custard Fruit Platter, Fruit Jelly Assorted Yoghurts	Ice Cream with Fruit & Shortcake Finger Fruit Platter, Fruit Jelly Assorted Yoghurts	Yoghurt & Granola Fruit Platter, Fruit Jelly Assorted Yoghurts	<u>CAKES OF THE WEEK</u> Chocolate Krispie Buns, Orange Cookies & Melting Moment Biscuits Fruit Platter, Fruit Jelly Assorted Yoghurts
	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 7	ALLERGENS: 2, 7, 14	ALLERGENS: 2, 4, 7

We also offer filled Jacket Potato served with a choice of fillings - Cheese, Baked Beans or Tuna Mayonnaise
All served with unlimited vegetables or salad to accompany the meals

Freshly prepared Salad Bar & Bread daily (2, 4, 7)

Fresh Water & Milk to drink

FRUIT & VEGETABLES ARE SUBJECT TO SEASONAL VARIATIONS

VEGETARIAN (V)

ALLERGENS



Celery



Cereals containing gluten



Crustaceans



Eggs



Fish



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphur dioxide
(sometimes known as sulphites)