

ST ANDREWS PRIMARY SCHOOL MENU - From April 2019

22nd April, 13th May, 10th June, 1st July, 2nd & 23rd Sept, 14th Oct 2019



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Meatballs in Gravy Creamed Potatoes Seasonal Vegetables	BBQ Chicken Rice Seasonal Vegetables	Cheese & Tomato Pizza Potato Wedges Seasonal Vegetables.	<u>CARVERY</u> Selection of Carvery Meats Creamed or Roast Potatoes Yorkshire Pudding Seasonal Vegetables	Fish, Fish Cakes or Fish Fingers Chips Peas or Baked Beans
	ALLERGENS: 7, 14	ALLERGENS: 2	ALLERGENS: 2, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 5, 13
OPTION 2	Quorn Savoury Mince Creamed Potatoes Seasonal Vegetables	Cheese Omelettes Savoury Wedges Seasonal Vegetables	Tomato Pasta Bake Garlic Bread Potato Wedges Seasonal Vegetables	Quorn Chicken Creamed or Roast Potatoes Yorkshire Pudding Seasonal Vegetables	Quorn Fish Fingers Chips Seasonal Vegetables
	ALLERGENS: 1, 4, 7	ALLERGENS: 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7
OPTION 3	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day	Filled Rolls, Wraps & Baguettes Vegetable Sticks & Salad Assorted Yoghurts Dessert of the Day
	ALLERGENS: 2, 4, 5, 7, 9	ALLERGENS: 2, 4, 5, 7, 9	ALLERGENS: 2, 4, 5, 7, 9	ALLERGENS: 2, 4, 5, 7, 9	ALLERGENS: 2, 4, 5, 7, 9
Dessert Choice	Chocolate Crunch with Custard Fruit Platter, Fruit Jelly Assorted Yoghurts	Fruity Angel Whirl with a Shortcake Finger Fruit Platter, Fruit Jelly Assorted Yoghurts	Fruit Crumble with Custard Fruit Platter, Fruit Jelly Assorted Yoghurts	Cheese & Crackers with Fruit Fruit Platter, Fruit Jelly Assorted Yoghurts	<u>CAKES OF THE WEEK</u> Devonshire Splits, Sweetheart Biscuits & Chocolate Dodgers Fruit Platter, Fruit Jelly Assorted Yoghurts
	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7	ALLERGENS: 2, 4, 7
<p>We also offer filled Jacket Potato served with a choice of fillings - Cheese, Baked Beans or Tuna Mayonnaise All served with unlimited vegetables or salad to accompany the meals</p> <p>Freshly prepared Salad Bar & Bread daily (2, 4, 7)</p> <p>Fresh Water & Milk to drink</p> <p>FRUIT & VEGETABLES ARE SUBJECT TO SEASONAL VARIATIONS</p>					

ALLERGENS



Celery



Cereals containing gluten



Crustaceans



Eggs



Fish



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame seeds



Soya



Sulphur dioxide
(sometimes known
as sulphites)